



# Lower/Middle School Lunch Menu

## February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Entrée:</b> Spaghetti and Meatballs Garlic Breadstick Veggies Fruit <b>Mix-It-Up Meal:</b> Steak Fingers	<b>Entrée:</b> Chicken Quesadilla Spanish Rice Pinto Beans Fruit <b>Mix-It-Up Meal:</b> Chicken Tenders	<b>Entrée:</b> Baked Tilapia Cilantro Rice Veggies Fruit <b>Mix-It-Up Meal:</b> Cheeseburger	<b>Entrée:</b> Chicken Alfredo Garlic Breadstick Veggies Fruit <b>Mix-It-Up Meal:</b> Corn Dog	<b>Entrée:</b> Cheese or Pepperoni Pizza Side Salad Fruit <b>Mix-It-Up Meal:</b> Pasta Marinara
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Entrée:</b> Meatball Stroganoff /w Buttered Noodles Garlic Breadstick Veggies Fruit <b>Mix-It-Up Meal:</b> Crispy Chicken Club	<b>Entrée:</b> Crispy or Soft Tacos Spanish Rice Pinto Beans Fruit <b>Mix-It-Up Meal:</b> Bruschetta	<b>Entrée: Brunch for Lunch</b> Pancakes or Waffle Bacon or Sausage Hash Browns Fruit <b>Mix-It-Up Meal:</b> Hot Dog	<b>Entrée:</b> Pot Roast Mashed Potatoes Veggies Fruit <b>Mix-It-Up Meal:</b> Chicken Nuggets	<b>Parent/Teacher  Conference Day</b>  No School
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Presidents' Day</b>  School Holiday	<b>Entrée:</b> Chicken Enchiladas w/ Tomatillo Sauce Spanish Rice Pinto Beans Fruit <b>Mix-It-Up Meal:</b> Fish Sticks	<b>Entrée:</b> Chicken Fried Rice Edamame Egg Roll Fruit <b>Mix-It-Up Meal:</b> Pizza Panini	<b>Entrée:</b> Garlic and Herb Baked Chicken Roasted Potatoes Veggies Fruit <b>Mix-It-Up Meal:</b> Chicken Tenders	<b>Entrée:</b> Cheese or Pepperoni Pizza Side Salad Fruit <b>Mix-It-Up Meal:</b> Pasta Marinara
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Entrée:</b> Chicken Fried Steak Mashed Potatoes Veggies Fruit <b>Mix-It-Up Meal:</b> Steak Fingers	<b>Entrée:</b> Crispy or Soft Tacos Spanish Rice Refried Beans Fruit <b>Mix-It-Up Meal:</b> Meatball Sub	<b>Entrée: Brunch for Lunch</b> Pancakes or Waffle Bacon or Sausage Hash Browns Fruit <b>Mix-It-Up Meal:</b> Corn Dog	<b>Entrée:</b> Chicken Parmesan Buttered Pasta Veggies Fruit <b>Mix-It-Up Meal:</b> Grilled Cheese Sandwich	<b>Entrée:</b> Cheese or Pepperoni Pizza Side Salad Fruit <b>Mix-It-Up Meal:</b> Pasta Alfredo

Kid Pix Meal Sides <small>(Served Daily)</small>	Sandwich Shop <small>(Sides Same as Kid Pix Meal)</small>	Salad/Soup Meal <small>(Soup Available Daily)</small>	A La Carte <small>(Served Daily)</small>
Carrot/Celery Sticks	<b>Monday:</b> Turkey and Swiss	<b>Monday:</b> BLT Salad	Fresh Fruit
Steamed Veggies	<b>Tuesday:</b> Chicken Salad	<b>Tuesday:</b> Taco Salad	Fruit Cups
Baked French Fries/Tots	<b>Wednesday:</b> Grilled Chicken Club	<b>Wednesday:</b> Chef Salad	Cheese Stick
Fresh Fruit	<b>Thursday:</b> Chicken Caesar Wrap	<b>Thursday:</b> Chicken and Avocado Salad	Baked Chips
	<b>Friday:</b>	<b>Friday:</b> Classic Caesar Salad	Yogurt Parfait

**Baked Potatoes Available Daily** (Toppings Include: Butter, Sour Cream, Bacon, Cheddar Cheese, and Chives)

All Meals Include Choice of Beverage (1% White Milk, Fat Free Chocolate Milk, Water or Juice) and Dessert